The Future of Serving Oklahoma Seniors

Significant Drivers in Reshaping the Aging Network Landscape

Practice & Policy Lecture Series
November 8, 2012
Presentation Topics & Goal

- Setting the Stage
- Significant Drivers (4)
- Oklahoma’s “to-do” List
- Partial Solutions

Goal: Provide clear recognition of what’s ahead, freshen awareness, and identify elements of what Oklahoma needs to do to successfully serve the seniors of tomorrow.
Setting the Stage

- Program categories
  - Older Americans Act
  - Medicaid
  - State & Other
- Defining “aging network”
- Aging affects us all
Older Americans Act

- The foundation of the aging services network
- Created in 1965 with Medicare & Medicaid
- Broad mission
- Does target those most in need
- Five (5) primary service functions
- Reauthorized every 4 years
- $1.4B of federal budget
**Vast “aging network”**

- Far more robust than most realize
- Aging Services Division: 264 members, 17 major programs, ten operational/program units
- Eleven (11) Area Agencies on Aging
- Over 1,000 provider agencies:
  - 250 in transportation
  - 600 in ADvantage
  - 32 in Adult Day Health
  - 35 in Volunteer programs
- Numerous program partners
Significant Drivers

- Demographics
- Budget
- Program/Service Demand
- Federal Direction
Demographics

Population age 65 and over and age 85 and over, selected years 1900–2008 and projected 2010–2050

NOTE: Data for 2010–2050 are projections of the population.
Reference population: These data refer to the resident population.
Demographics

Percentage of the population age 65 and over, by county and State, 2008

Reference population: These data refer to the resident population.
Demographics

Over 60 population 2010: 681,131 or 18.5% of Oklahoma’s population

Over 60 population 2020: 914,754 or 22.7% of Oklahoma’s population

Over 60 population 2030: 954,795 or 24.4% of Oklahoma’s population
Demographics

Oklahoma Projected Population Decreases through 2030

- 35-39 yrs. (11.2%)
- 40-44 yrs. (12.8%)
- 45-49 yrs. (1.7%)
Demographics

- Minority Cohorts
- Poverty
- Other issues
  - Food Insecurity
  - Grandparents Raising Grandchildren
- Baby Boomers
Demographics

Food Insecurity in Oklahoma

- Total Counties in Oklahoma: 77
- Counties in Oklahoma Classified as "Food Deserts": 32
- Counties in Oklahoma Classified as "Severe Food Deserts": 9
Baby Boomers

- 1946 to 1964
- 77 million = cohort
- 2011 – first turned 65. Last in 2029
- First turns 85 in 2031

“The consequences of this quantitative population shift are dramatic and sweeping. First and foremost health care consumption will skyrocket, along with massive spending in federal entitlement programs. As boomers begin to move out of the workforce there will be a depressing effect on employment, production, revenues and GDP” Governing Magazine, Sept. 2012
Demographics

Those we serve are unique

Not all are economically disadvantaged

Many are incredibly vibrant

The vast majority are voters

They are strong advocates

They contributed greatly to this state/country
Budget

- SFY2012 annual budget: $323,278,367 (state/federal)
- Federal funding
  - Medicaid match
  - Older Americans Act

\[ \text{OAA} = 0.066\% \]
Budget

- **State Budget:**
  - About 6% of OKDHS; Less than 1% of State’s budget
Budget

Medicaid Long Term Care expenditures in OK

Total Expenditures
Standard SoonerCare Nursing Facility vs. ADvantage Waiver

Data as of 8/20/2009
Program/Service Demand

- Older Americans Act penetration/utilization

Federal Direction

- Reauthorization of the Older American’s Act
- Elder Abuse
- Prevention & Disease Management
- Medicaid:
  - Continued shift towards home & community based care
  - Consumer Directed Services
  - Duals: Medicare/Medicaid (w/OHCA)
  - Medicaid Managed Long Term Services & Supports
  - Access improvement systems
Federal Direction

Aging & Disability is merging nationally

- The federal government – this year – created the “Administration for Community Living”.
- Under HHS and now houses three (3) entities:
  - The Administration on Aging
  - The Administration on Intellectual and Developmental Disabilities
  - The Office on Disability
- Federal funding and initiatives are reflecting this movement
- “Aging & Disability Resource Consortium” (ADRC) initiative
Oklahoma’s “to-do” List

- Develop a funding strategy to better support the needs of the aging network
- Determine Oklahoma’s role with the Affordable Care Act
- Strive to better improve our indicators
- Reduce duplication and streamline aging network programs/services
- Address rural aging issues
- “Aging in Place”
Fragile & Underfunded Network

- Federal funding: 1% increase in 10 years
- Possibility of Sequestration
- State funding:
  - Over the last three (3) FYs: $6,556,864 cut in non-FMAP $ 
  - Dire need to increase provider rates 
- So many contract partners are thinly margined (Area Agencies on Aging, nutrition projects, Adult Day Health centers, ADvantage, etc.)
- Already see the loss of 5-7 providers annually 
- Lack of funds limits innovation, visioning, initiative pursuit, etc.
- Unrealistic workload on existing staff
Health Indicators

Percentage of population age 45 and over who reported engaging in regular leisure time physical activity, by age group, 1997–2008

NOTE: Data are based on 2-year averages. "Regular leisure time physical activity" is defined as "engaging in light-moderate leisure time physical activity for greater than or equal to 30 minutes at a frequency greater than or equal to five times per week, or engaging in vigorous leisure time physical activity for greater than or equal to 20 minutes at a frequency greater than or equal to three times per week."

Reference population: These data refer to the civilian noninstitutionalized population.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics. National Health Interview Survey.
Health Indicators

Percentage of total leisure time that people age 55 and over spent doing selected leisure activities on an average day, by age group, 2008

Reference population: These data refer to the civilian noninstitutionalized population.

Partial Solutions

- Infusion of additional federal and state funding
- Heavier reliance on local/community support
- Greater utilization of volunteers
- More coordination and partnering
- Personal planning and accountability
- Increase benefits access
“Flow” of Care

Older Americans Act

$16/day

Home & Comm Based Services

$32/day

Acute Nursing Home

$102/day
Boiling it down...

Aging society  
+  
Fragile and underfunded network  
=  
Tenuous situation at best  

Time to make a difference!
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