



# Be Ready

Be Informed. Be Involved. Be Ready.

## Emergency Preparedness – for your family

### Be Informed

- Know how to respond to disasters
- Pay attention to weather watches, warnings, and other emergency signals

### Be Ready

Assemble a 3-day kit, which should include:

- Copies of important documents in a waterproof container
- Current family contact information
- Hygiene and sanitary supplies
- Non-expired prescriptions, medical information, and a first aid kit
- Extra keys to the car and house
- Bottled water, non-perishable food and a can opener
- Radio and flashlight – battery operated or hand crank
- Small denominations of cash and ATM cards
- Raingear, comfortable shoes and a blanket
- Maps
- Pet supplies

Have a plan for:

- How you will contact each other
- Two places to meet – one near home and one outside the neighborhood
- Evacuating pets
- Evacuation including alternate routes
- Turning off utilities
- Communicating preparations to the entire family and practicing twice a year

*Emergency Preparedness –*  
**for your congregation and community**

 **Be Informed**

- Identify your community's at-risk individuals
- Locate neighborhood shelters
- Create a list of health care professionals in your congregation
- Determine the community's resources

 **Be Involved**

- Host a disaster response volunteer training
- Partner with nearby congregations
- Contact the Red Cross Emergency Service Department to develop a disaster partnership

 **Be Ready**

- Have an emergency kit for your staff
- Distribute your congregation's contact information to off-site locations
- Create a response and evacuation plan

For more information, visit:  
[www.FaithLinksOK.org](http://www.FaithLinksOK.org)  
[www.ready.gov](http://www.ready.gov)  
[www.RedCross.org](http://www.RedCross.org)



S08157 OKDHS

Issued 07/08

This publication is authorized by the Oklahoma Commission for Human Services in accordance with state and federal regulations and printed by the Oklahoma Department of Human Services at a cost of \$101.67 for 3,050 copies. Copies have been deposited with the Publications Clearinghouse of the Oklahoma Department of Libraries.